



## Fit by Five Preschool

### SCHOOL PICTURES

October 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>  
 Mon/Tues/Wed

- Thomas & Thomas Photography of Bay Village
- The form will come home a week before picture day.
- Envelope must be turned in on picture day.
- Your purchase is optional.
- This is not a fundraiser for Fit by Five. We make nothing on this. Purchase pictures only if you want them.

### PICTURE SCHEDULE

#### Monday, October 5<sup>th</sup>

Preschool 9-11:30  
 Pre-K 9:15-12:15  
 Pre-K 12:30-3:30  
 Pre-K 1:15-4:15

#### Tuesday, October 6<sup>th</sup>

Perky Kids 9:00-10:30  
 Preschool 9:15-11:45  
 Preschool 9:30-12  
 Perky Kids 11-12:30  
 Pre-K Plus 12:45-3:45  
 Preschool 1-3:30  
 Mini-Preschool 1:30-3:30

## October 2015

### Wednesday, October 7<sup>th</sup>

Perky Kids 8:45-10:15  
 Mini-Preschool 10:45-12:45  
 Perky Kids 1:45-3:15



### Halloween parties

We will observe Halloween with special songs and crafts. Halloween class parties for Mini, Perky Kids, and Preschool will be on Thursday Oct. 29<sup>th</sup> & Friday Oct. 30<sup>th</sup>. The Halloween Party for all the Pre-K classes will be Friday, October 30<sup>th</sup>, and Pre-K Plus on Thursday, October 29<sup>th</sup>.

Costumes may be worn on the party days only. Remember the children are still very active and warm costumes end up being taken off. No masks or weapons please.

We will do a "Trick or Treat" at the end of class. **If you would like to bring in a treat to share, it must be here at the start of class. All items must be individually wrapped.**

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## PERKY KIDS

### **October 6<sup>th</sup> & 7<sup>th</sup> PICTURE DAYS**

See schedule on 1<sup>st</sup> page.

### **October 12<sup>th</sup> & 13<sup>th</sup> Mon/Tues I LIKE FALL DAY**

Bring or wear something that has to do with the Fall season.

### **October 19<sup>th</sup> & 20<sup>th</sup> Mon/Tues FARM DAY**

Wear or bring something in for this show & tell day that has to do with a farm.

### **October 29<sup>th</sup> & 30<sup>th</sup> Thurs/Fri HALLOWEEN CELEBRATION**

## MINI PRESCHOOL

### **October 6<sup>th</sup> & 7<sup>th</sup> PICTURE DAYS**

See schedule on 1<sup>st</sup> page.

### **October 8<sup>th</sup> & 9<sup>th</sup> Thurs/Fri LETTER C is for Cupcake**

### **October 12<sup>th</sup> & 13<sup>th</sup> Mon/Tues LETTER D is for Dog**

### **October 14<sup>th</sup> & 15<sup>th</sup> Wed/Thurs NUMBER 2**

(Bring number bag with 2 items in it.)

### **October 20<sup>th</sup> & 21<sup>st</sup> Tues/Wed ORANGE DAY (Bring something orange.)**

### **October 22<sup>nd</sup> & 23<sup>rd</sup> Thurs/Fri LETTER E is for Egg**

### **October 29<sup>th</sup> & 30<sup>th</sup> Thurs/Fri Halloween Parties (Wear your costume and bring a treat for your friends.)**

## PRESCHOOL

Please continue to wear the colors listed below, as we continue with our color days. Wear something as small as socks or a hat, or as big as a shirt or pants in the color of the day.

### **October 1<sup>st</sup> Thurs RED DAY**

### **October 2<sup>nd</sup> Fri YELLOW DAY**

### **October 5<sup>th</sup> & 6<sup>th</sup> PICTURE DAYS** See schedule on first page.

### **October 7<sup>th</sup> Wed PURPLE & ORANGE DAY**

### **October 15<sup>th</sup> & 16<sup>th</sup> Thurs/Fri** Letter **F** is for **F**ootball Show & Tell – Wear your brown & orange, scarlet & gray, or your favorite team colors to class.

### **Halloween Parties** **Oct. 29<sup>th</sup> (Thurs) for T/Th classes** **Oct. 30<sup>th</sup> (Fri) for M/W/F class** Parents return 15 min. early for Halloween songs & photo ops.

This month we will introduce letters D, E, F & G and # 1-5 and will have Fun with Fall crafts & songs.

**Remember to save your child's alphabet papers and you will have a complete book A-Z at year's end.**

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## **PRE-K**

**“Fall” into Fun** as Color Days continue in Pre-K.

Wear something as small as socks or a hat, or as big as a shirt or pants in the color of the day. Show your colors on the following dates:

**Friday: October 2<sup>nd</sup> YELLOW**

**Monday, October 5<sup>th</sup> PICTURE DAY**

**Wednesday, October 7<sup>th</sup> – PURPLE**

**Friday, October 9<sup>th</sup> ORANGE**

Please send in an orange snack for your child. Some ideas are: goldfish crackers, orange slices, carrot sticks or orange cheese.

**Wednesday, October 14<sup>th</sup>** will be **Dd** is for **Disney Day!** Wear clothing with your favorite Disney character or bring in a Disney book or toy to show & tell.

**Friday, October 16<sup>th</sup>**

### **Football Theme Day**

(Cleveland Browns, Buckeyes, etc.)

Wear your favorite team items and bring in football gear.

In October, we'll continue learning more letters of the alphabet, introduce rhyming words, and progress report testing along with Fall and Halloween activities.

**Friday, October 30<sup>th</sup>**

### **Halloween Party**

Please wear your costume to class and bring in an individually wrapped treat for each of your classmates.

We'll also trick or treat and get in the “spirit” of the holiday. Please come back 15 minutes early and watch us celebrate!

## **PRE-K PLUS \*ENRICHMENT\***

**Tues. & Thurs. Afternoons**

### **PRE-K 5 DAYS A WEEK**

“Pre-K Plus” – An enrichment program focusing on the further development of Kindergarten readiness skills. Schedule a visit through the office.

- Meets Tues & Thurs 12:45-3:45
- In classroom A
- Class length – 3 hours
- Monthly tuition - \$175

Open to any student currently in a Pre-K program, and would like to pick up more classroom time.

### **October 6<sup>th</sup> - PICTURE DAY**

Young children learn best by doing – and integrating academic concepts with physical skills is really what Fit by Five was founded on.

About 1/3 of this “PLUS” program is athletic development, and specifically about coordination skills:

1. eye-foot coordination (gross motor)
2. eye-hand coordination (fine motor)

Classroom “A” houses a lot of specific equipment, that we will be using to further these skills. As your children progress, we will be challenging them to advance further on each piece of equipment. Listen closely, at the end of class, to the lead teacher’s “class wrap-up” for the details.

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### **Pre-K Plus – Continued)**

The philosophy is that further developing physical skills directly stimulates more academic and social development. And in turn, builds self-confidence, better peer relations, and an increased desire to participate – at school, and for the rest of their adult lives.

More next month on the last area of the “PLUS” program – emotional development.

We will be doing many Halloween activities during the month of October. Remember to wear your costume to class on Thursday, October 29<sup>th</sup>, at which time you may bring in an individually wrapped Halloween treat for each of your classmates. Although we do not go trick or treating like the regular Pre-K classes, we will still have lots of fun!

### **FIT BY FIVE HEALTH CODE**

For the health and well being of your child and the other classmates, we feel it is necessary to request that you keep your child home if he/she exhibits the following symptoms:

**\*fever \*vomiting \*loose stools  
\*signs of pink eye \*impetigo  
\*chicken pox \*severe headache  
\*ringworm \*strep throat  
\*bronchitis \*cold with nasal  
discharge or hacking cough.**

Please keep your child home for 24 hours after fever, vomiting or diarrhea.

Should a child exhibit illness during class time, parents will be called to pick up the child before dismissal time. Thank you for understanding.

### **HAPPY BIRTHDAY**

Julie Greer – Teacher 10/22

Beth King – Teacher 10/28

### **November tuition is due October 1<sup>st</sup>.**

There is a \$10 late fee per week until tuition is paid.

### **ATTENDANCE**

Please call the office if you will be late picking up your child. That way we can explain to an anxious child that their mom called, and will be here soon. And, please give us a call if they are going to be absent.



Preschool Vision Screening will be performed again by Dr. Jeffrey A. Oberg from Avon Vision Centre in October, for our Preschool & Pre-K classes, during your child’s class time, at no charge.

**Tuesday Oct. 13<sup>th</sup>** for the morning Preschool students

**Wednesday Oct. 14<sup>th</sup>** for the morning and afternoon Preschool and Pre-K students

**Tuesday Oct. 20<sup>th</sup>** for the afternoon Preschool students

Are your children adjusting to Fit by Five? Are they enjoying school? Are they talking about other children yet? Preschool should be a lot of fun. Please let us know if you have any concerns or questions.

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